

Focus on the maternity benefit

Maternity benefit (Bronze, Silver and Gold options)

1 Foetal growth 2D scan per member per pregnancy

Antenatal pathology tests linked to a Network GP visit and referred by a Network GP, according to the applicable Health4Me pathology list

Antenatal vitamins provided in accordance with the Network prescribed acute medication formulary, rules and protocols are applied

Pre-authorisation is required

Maternity benefit (Gold option only)

1 Additional foetal growth 2D scan per member per pregnancy

Antenatal support (access to current and credible information on all topics related to parenthood) via BabyYumYum

Support post-partum from a nurse/midwife at home with bathing, swaddling, latching and feeding

Nurse/midwife home visits on day 2 and week 2 after the birth of the baby

Pre-authorisation is required

You will have cover for two maternity visits, which includes one 2D growth scan or ultrasound (Bronze and Silver options) and two 2D growth scans or ultrasounds (Gold option), per pregnancy. You will need to visit a Network GP who is certified to do growth scans, or be referred by a Network GP to a gynaecologist (Gold option only). If you do consult a gynaecologist, the scan will be paid from this benefit, but the visit will be paid from your specialist benefit.

Your doctor may also send you for pathology tests related to your pregnancy, and may also prescribe antenatal vitamins for you from an approved list.

Which antenatal pathology tests are covered during your pregnancy?

3709	Antiglobin Test - Direct or Indirect Coombs
3755	Full Blood Count (incl 3739/3762/3783/3785/3791)
3762	Haemoglobin Estimation (Hb)
3764	Blood Group
3765	Rhesus
3797	Platelet Count
3867	Body Fluids, Urine, Exudate
3887	Microscopic Exams
3893	Bacteriological Culture (Sensitivity)
3948	IgG: Varicella, Herpes, Rubella
4032	Creatinine
4050	Glucose Strip Test
4188	Urine Dipstick

If you are on the Gold option, BabyYumYum will support you with all the information you will need about your pregnancy and about being a parent. BabyYumYum is the number one parenting portal in South Africa. Momentum will also arrange for a nurse or midwife to visit you at home, to assist you with any guidance you might need after your baby is born. The nurse or midwife will also show you how to bathe, swaddle, latch and feed your newborn. These visits will take place on the 2nd day and in the 2nd week after you get home from the hospital. You can call BabyYumYum on 0878 97 03 59.

How should you register for the maternity benefit?

To register for this benefit, you will need to call us on 0860 10 29 03 and provide us with the following information:

- Your Health4Me member number
- Your Health4Me dependant number
- Your expected due date/expected delivery date
- Your cellphone number

Please note that this benefit is available on the Bronze, Silver and Gold options.

