

## Focus on the chronic benefit

Chronic medication	<p>Provided in accordance with the Network prescribed chronic medication formulary</p> <p>Rules and protocols are applied</p>
Chronic benefit	<p>27 Chronic conditions are covered as follows:</p> <p>Addison's Disease, Asthma, Bipolar Mood Disorder, Bronchiectasis, Cardiac Dysrhythmias, Cardiac Failure, Cardiomyopathy, Chronic Obstructive Pulmonary Disease, Chronic Renal Disease, Coronary Artery Disease, Crohn's Disease, Diabetes Insipidus, Diabetes Mellitus Type 1, Diabetes Mellitus Type 2, Epilepsy, Glaucoma, Haemophilia, HIV, Hyperlipidaemia, Hypertension, Hypothyroidism, Multiple Sclerosis, Parkinson's Disease, Rheumatoid Arthritis, Schizophrenia, Systemic Lupus Erythematosus and Ulcerative Colitis</p> <p>Chronic medication is provided in accordance with the Network prescribed chronic medication formulary</p> <p>Pathology and radiology related to condition monitoring is provided according to the applicable Health4Me pathology and radiology lists</p> <p>Pre-authorisation is required</p> <p>A 3 month waiting period applies</p>

Chronic medication is medicine that you need to take daily on an ongoing basis. If you have one of the twenty-seven chronic conditions listed above, you will have access to the chronic benefit. If you are already receiving medication from a State facility for your condition on a monthly basis, we suggest that you continue to get your treatment from State. This means that you would not need to re-register on the State chronic benefit programme, if you ever stop your benefit cover.

### How should you register for the chronic benefit?

You will need to visit a Network GP. If your GP diagnoses one of the twenty-seven chronic conditions, they will need to call us on 0860 10 29 03 to register you for the chronic benefit. They can do this by completing the chronic benefit application form, and emailing it to [health4mechronic@momentum.co.za](mailto:health4mechronic@momentum.co.za). We will review the request from your GP and tell your GP if we need more information, such as blood test results, before we can confirm your benefit. If we approve the benefit, your GP will give you a prescription for your chronic medication, according to an approved list of chronic medicines.

**Where can you get your chronic medication from?**

You need to fax or email your prescription to Medipost Pharmacy, and then call them to let them know where they must deliver your medication every month. You can fax your prescription to 0866 82 33 17 or email it to [mhealth@medipost.co.za](mailto:mhealth@medipost.co.za). You can call Medipost Pharmacy on 012 426 4000. We can only pay for your chronic medication if we have approved it and if your GP has prescribed it from the approved list of chronic medicines. You will need to get a new script from your Network GP every six months, and send it to Medipost Pharmacy.

**Please note** that this benefit is only available on the Gold option.

